

### **Luna Protocols Library FAQ**

### What is the Luna Protocol Library, and what does it offer?

 The Luna Protocol Library has been developed through a licensing agreement with HOPCo (www.hopco.com), incorporating renowned protocols and expertise in delivering world-class healthcare services.

### How do Luna Protocol Library protocols differ from traditional approaches?

 Protocols from the Luna Protocol Library incorporate the latest research and advancements in musculoskeletal care. They offer a comprehensive and standardized approach to treatment, ensuring consistent high-quality care.

### Why should surgeons consider adopting protocols from the Luna Protocol Library?

 Surgeons should consider adopting Luna Protocol Library protocols as they provide a proven framework for delivering excellent care. These protocols have been designed to optimize patient outcomes, enhance efficiency, and ensure best practices are followed.

### What benefits can surgeons expect from implementing these protocols?

 By implementing Luna Protocol Library protocols, surgeons can expect improved patient outcomes, enhanced surgical efficiency, and standardized care delivery. These protocols help achieve better results while reducing variations in treatment.

### How do Luna Protocol Library protocols contribute to improved patient outcomes?

 Luna Protocol Library protocols are specifically designed to incorporate evidence-based practices that have demonstrated positive patient outcomes. By following these protocols, surgeons can provide more effective treatments, leading to better patient recovery and overall health.

### Are the protocols evidence-based? What research supports their effectiveness?

• Luna Protocol Library protocols are developed based on the latest scientific research and evidence in the field of musculoskeletal care. Protocols are regularly reviewed and updated based on new research and feedback from surgeons. They are continually updated to reflect the most current knowledge and best practices.

### Can surgeons tailor/adapt these protocols to fit their specific practice needs?

Yes, Luna Protocol Library protocols can be customized and adapted to fit the specific needs
of surgeons and their practices. The protocols serve as a foundation that can be tailored to
individual patients and adjusted to align with different surgical approaches.



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# Are protocols in the Luna Protocol Library applicable to all surgical specialties within the musculoskeletal field?

• Luna Protocol Library protocols are designed to be applicable to various surgical specialties within the musculoskeletal field. A full list of protocols can be found on pages 3 and 4.

#### How can surgeons obtain access and use the Luna Protocol Library?

• Surgeons and healthcare groups interested in accessing and using the Luna Protocol Library protocols simply need to refer their patients to Luna. Luna will share the standard protocol with the surgeon and adapt the protocol to align with the surgeon preference, as necessary.

# What is the relationship between Luna and HOPCo, and how does it relate to the use of protocols in the Luna Protocol Library?

 Luna has a licensing agreement with HOPCo, which grants Luna the right to market and upload all HOPCo protocols into the Luna Protocol Library. The licensing agreement permits the promotion and implementation of HOPCo protocols, allowing Luna to provide enhanced care and improved outcomes to all patients treated by Luna.

#### What is HOPCo, and what does it stand for?

• HOPCo, which stands for Healthcare Outcomes Performance Company, is the largest value-based orthopedic provider focusing on improving outcomes and reducing costs in musculoskeletal care.

# What are the key factors that make HOPCo protocols considered world-class in healthcare?

- HOPCo protocols excel by focusing on patients, relying on evidence, promoting collaboration, ensuring continuity of care, and striving for ongoing improvement. These factors contribute to superior healthcare outcomes and quality of care.
  - Patient-Centered Approach: Individual patient needs are prioritized and tailored to accordingly.
  - **Evidence-Based Medicine:** Protocols are grounded in scientific research and proven best practices.
  - **Standardization:** Guidelines and procedures are established for consistent, high-quality care.
  - **Collaboration and Integration:** Protocols are created by promoting teamwork and coordination among healthcare professionals.
  - **Continuum of Care:** Patients receive comprehensive, coordinated services across different healthcare settings.
  - Ongoing Evaluation and Improvement: Protocols are continuously assessed and refined based on data and feedback



## **The Luna Protocols Library**

1	Achilles Tendon Injury and Tendinopathy PT Pathway	Foot Ankle	Ankle
2	Achilles Tendon Repair Post Operative Therapy	Foot Ankle	Ankle
3	Ankle - Lateral Ankle Reconstruction	Foot Ankle	Ankle
4	Ankle Fusion Post Operative Therapy	Foot Ankle	Ankle
5	Ankle General Arthroscopy Post Operative Therapy	Foot Ankle	Ankle
6	Ankle Modified Brostrom Guideline Post Operative Therapy	Foot Ankle	Ankle
7	Ankle Peroneal Tendon Repair Post Operative Therapy	Foot Ankle	Ankle
8	Ankle Pilon Fracture Post Operative Therapy	Foot Ankle	Ankle
9	Ankle TAA Post Operative Therapy	Foot Ankle	Ankle
10	Elbow Cubital Tunnel Release Post-Operative Therapy	Shoulder Sports	Elbow
11	Elbow Distal Biceps Tendon Repair Post Operative Therapy	Shoulder Sports	Elbow
12	Elbow Distal Humerus ORIF Post Operative Therapy	Shoulder Sports	Elbow
13	Elbow ECRB ECRL Debridement Post Procedure Therapy	Shoulder Sports	Elbow
14	Elbow Lateral Ulnar Collateral Ligament Reconstruction Post Operative Therapy	Shoulder Sports	Elbow
15	Elbow Olecranon Fracture ORIF Post Operative Therapy	Shoulder Sports	Elbow
16	Elbow Radial Head Fracture Post Operative Therapy	Shoulder Sports	Elbow
17	Elbow TEA Arthroplasty Post Operative Therapy	Shoulder Sports	Elbow
18	Elbow Ulnar Collateral Ligament Reconstruction Post Operative Therapy	Shoulder Sports	Elbow
19	Foot Ankle Posterior Tibial Tendon Reconstruction without FLD Transfer Post Operative Therapy	Foot Ankle	Ankle
20	Foot Bunion Post Operative Therapy	Foot Ankle	Foot
21	Foot Calcaneal Fracture Post Operative Therapy	Foot Ankle	Foot
22	Foot Talus Fracture Post Operative Therapy	Foot Ankle	Foot
23	Hand CMC Arthroplasty Post Operative Therapy	Hand	Hand
24	Hand Flexor Tendon Repair	Hand	Hand
25	Hip Arthroscopy with Labral Repair Post Operative Therapy	Shoulder Sports	Hip
26	Hip Femoral Head Decompression Post Operative Therapy	Sports	Hip
27	Hip Fracture-ORIF Post Operative Therapy	Adult Reconstructive Knee and Hip	Hip
28	Hip THA Post Operative Therapy	Adult Reconstructive Knee and Hip	Hip
29	Hip THA-Anterior Post Operative Therapy	Adult Reconstructive Knee and Hip	Hip
30	Hip THA-Inpatient Post Operative Therapy	Adult Reconstructive Knee and Hip	Hip
31	Home and Physical Therapy Start Dates	General	General
32	Knee ACL Reconstruction Post Operative Therapy	Shoulder Sports	Knee
33	Knee ACL Return to Sport Assessment	Shoulder Sports	Knee
34	Knee Arthroscopy Meniscectomy Post-Operative Therapy:	Shoulder Sports	Knee
35	Knee High Tibial Osteotomy Post-Operative Therapy	Shoulder Sports	Knee



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36	Knee Lateral Release MPFL Reconstruction Post Operative Therapy	Shoulder Sports	Knee
37	Knee Lateral Release Post Operative Therapy	Shoulder Sports	Knee
38	Knee Meniscus Repair Post-Operative Therapy	Shoulder Sports	Knee
39	Knee Microfracture Post-Operative Therapy	Shoulder Sports	Knee
40	Knee Multi-ligament Reconstruction Post Op PT Pathway	Shoulder Sports	Knee
41	Knee Osteochondral Autograph Transplant System (OATS) Post-Operative Therapy	Shoulder Sports	Knee
42	Knee Patella or Quadriceps Tendon Repair Post-Operative Therapy	Shoulder Sports	Knee
43	Knee Patellar Realignment, Fulkerson Post-Operative Therapy	Shoulder Sports	Knee
44	Knee Patellofemoral Pain Syndrome Patella Tracking Chondromalacia Patella Post-Operative Therapy	Shoulder Sports	Knee
45	Knee PCL with Posterolateral Corner Reconstruction Post-Operative Therapy:	Shoulder Sports	Knee
46	Knee TKA Post Operative Therapy	Adult Reconstructive Knee and Hip	Knee
46	Knee TKA Two Stage Reimplantation Post-Operative Therapy	Adult Reconstructive Knee and Hip	Knee
66	Knee Unicondylar Replacement Post-Operative Therapy	Adult Reconstructive Knee and Hip	Knee
49	Non-Operative Clavicle Fracture Post Operative Therapy	Shoulder Sports	Shoulder
50	Non-Operative Patella Dislocation PT Pathway	Shoulder Sports	Knee
51	Shoulder AC Joint Reconstruction Post Operative Therapy	Shoulder Sports	Shoulder
52	Shoulder Arthroscopy Decompression Without Repair Post Operative Therapy	Shoulder Sports	Shoulder
53	Shoulder Biceps Tenodesis Post-Operative Therapy	Shoulder Sports	Shoulder
54	Shoulder Fracture Hemiarthroplasty Post Operative Therapy	Shoulder Sports	Shoulder
55	Shoulder Instability Physical Therapy	Shoulder Sports	Shoulder
56	Shoulder Latarjet Post Operative Therapy	Shoulder Sports	Shoulder
57	Shoulder Pectoralis Major Rupture Post Operative Therapy	Shoulder Sports	Shoulder
58	Shoulder Posterior Bankart Repair or Capsulorrhaphy Post Operative Therapy	Shoulder Sports	Shoulder
59	Shoulder Proximal Humerus Fracture ORIF Post Operative Therapy	Shoulder Sports	Shoulder
60	Shoulder Reverse Total Shoulder Arthroplasty Post Operative Therapy	Shoulder Sports	Shoulder
61	Shoulder Rotator Cuff Tears Post Operative Therapy	Shoulder Sports	Shoulder
62	Shoulder SLAP and Bankart Repair Post Operative Therapy	Shoulder Sports	Shoulder
63	Shoulder Subacromial Decompression Post Operative Therapy	Shoulder Sports	Shoulder
64	Shoulder TSA Arthroplasty Post Operative Therapy	Shoulder Sports	Shoulder
65	Shoulder-MUA Post Operative Therapy	Shoulder Sports	Shoulder Sports
66	Spine Cervical Fusion Post Operative Therapy	Spine	Cervical Spine
67	Spine Lumbar Fusion OP Post Operative Therapy	Spine	Lumbar Spine
68	Spine Lumbar Fusion Single Level Accelerated Post Operative Therapy	Spine	Lumbar Spine
69	Spine Lumbar Fusion-InPatient Post Operative Therapy	Spine	Lumbar Spine
70	Spine Lumbar Non-Fusion Post Operative Therapy	Spine	Lumbar Spine
71	Wrist Distal Radius Fracture Post Operative Therapy	Hand	Wrist